



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ymcalouisville.org

OUR MISSION

[To put Christian principles into practice through programs that build healthy spirit, mind and body for all.]

OUR PURPOSE

[The Y is the leading nonprofit committed to strengthening community by connecting all people to their potential, purpose and each other. Working together, we focus on empowering young people, improving health and well-being, and inspiring action in and across communities.]



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HARVESTING HOPE

YMCA of Greater Louisville

Gratitude Report 2020



Small seeds of gratitude produce a harvest of hope, connecting us to the goodness of life and goodness in each other. We've planted the seeds you've given us, watched them grow and harvested the hope.

We are thankful that you are a part of our Y community. Join us in being thankful for everything around us!

The following are just a few of the ways **your donations** have helped us **make a difference** during this difficult year.



COMMUNITY

[SOCIAL RESPONSIBILITY]

“I am so grateful and appreciative for the emergency childcare for essential workers at the Republic Bank Foundation YMCA. My six-year-old daughter was sad and upset about the quarantine, but the childcare program helped her emotionally and developmentally, as she was able to play and socialize with peers in a safe and sanitized environment.

The staff were excellent.” Norton Healthcare Employee

SAFETY AND SECURITY DURING AN UNCERTAIN TIME [OUR HARVEST OF HOPE]

We couldn't have weathered the storm without you. While most of us quarantined in our homes, there were those in our community that **did not have a safe place** to shelter from the storm.

Most of us know how important essential workers were this year. They were the glue that kept our community together. And while essential workers watched over us, the Y watched over their children.

Six YMCA locations in our community offered **emergency childcare for essential workers.** **The Y provided loving, safe and dependable care for more than 2,500 children**, while giving parents peace of mind when they had to be at work.

YMCA Safe Place Services' hearts and doors remained open during the quarantine to serve youth in our community.

YMCA volunteers and staff **called more than 1,200 seniors** for wellness checks during the time our facilities were closed.



COMMITMENT

[HEALTHY LIVING]

“So happy to have virtual group exercise classes online.
Kept me movin’ during quarantine!” Member

STAYING CONNECTED WITH MEMBERS [OUR HARVEST OF HOPE]

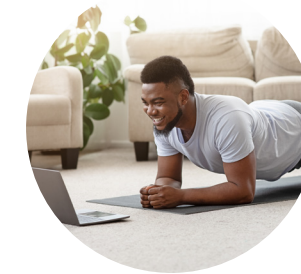
Focusing on health was challenging during this time, but with a little ingenuity, the Y was able to connect to members and the community.

With healthy spirit, mind and body in the forefront, the Y offered daily virtual opportunities so members and friends could:

Stay physically healthy while at home by participating in a variety of movement classes as well as reduce stress and anxiety through guided meditation and Bible study.

Bring their family together with fun activities including arts and crafts, scavenger hunts, and storytelling.

Stay connected to the Y, staff, members, and each other with daily engagement on social media.



ASSISTANCE

[YOUTH DEVELOPMENT]

“Thank goodness for the Summer Adventure program. Jason came home worn out and happy every day!” Member

PROVIDING POSITIVE GROWTH FOR OUR YOUTH [OUR HARVEST OF HOPE]

Many parents have returned to work, so when it came time for back to school, **the Y stepped forward** and offered child care and assistance with Non-Traditional Instruction (NTI).

Slowly and with careful planning, we offered **socially-distant summer youth programs** such as Summer Adventure, swim lessons, and youth sports.

The Summer Adventure program offered structured physical activity and fun for kids and **allowed parents to return to work after the quarantine.**



We missed serving our members more than you know. It was hard closing our doors, but we knew when the world started to venture out once again that we had to be prepared. That's why we deep-cleaned all facilities and equipment, established new operational protocols, and made sure all necessary changes in procedures were clearly communicated. When the time came to reopen, we did so knowing we were providing a safe environment for all. It was our top priority.

We could not be happier than to welcome our members back with smiling eyes and warm `hellos´. It's been a difficult year, but we think it's made us closer.

Closer as a community. Closer as an organization.

Closer as a family.

Let's celebrate
this season of harvest
with gratitude and thanks.

**We are thankful
to have you.**